

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/18/22

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Mrs. Mense is a 39 yo female here today for sore throat that started last night. Her husband and children had strep throat last week. Denies fever, runny nose, cough, or congestion. She also now has pink eye in her right eye, however she has left over tobramycin drops from her husband having pink eye last week as well. She has taken 2 doses of her husband's cefdinir since yesterday.

VITALS: BP: 136/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 94; **Temp:** 97.9; **Resp:** 16; **Pulse Oximetry:** 99%;
FDLMP: 05/04/22

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Seasonal allergies

SOCIAL HISTORY: Married. 3 children. Husband works on campus. Denies tobacco, recreational drug, ETOH abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/18/22

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 39 Years

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

H10.31 - UNSPECIFIED ACUTE CONJUNCTIVITIS, RIGHT EYE

Z20.822 - Contact with and (suspected) exposure to COVID-19

PLAN:

Continue eye drops for pink eye for 48 hrs after resolution of symptoms. Cefdinir for pharyngitis. Strep throat is going through their household members. Follow up as needed.

cefdinir 300 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 05/18/22 11:21 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.