

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/14/22

PATIENT: MENSE, HEIDI **DOB:** 06/12/1982 **Gender:** FEMALE **MRN:** 1989 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat and white patches

HISTORY OF PRESENT ILLNESS: Mrs. Mense is a 40 yo female here today for sore throat and white patches on her tonsils over the weekend. She had two doses of cefdinir and took them yesterday and she is starting to feel a little better. Denies fever. Associated with chills and fatigue.

VITALS: BP: 124/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 98.9; **Resp:** 16; **Ht:** 73 in.; **Wt:** 176.7 lbs.;
BMI: 23.31; **Pulse Oximetry:** 99%; **FDLMP:** 10/14/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

cefdinir 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Seasonal allergies

SOCIAL HISTORY: Married. 3 children. Husband works on campus. Denies tobacco, recreational drug, ETOH abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous with right tonsillar exudates. + bilateral submental cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

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ASSESSMENT:

J03.90 - Acute tonsillitis, unspecified (PRIMARY)

PLAN:

Will treat for acute tonsillitis. Follow up as needed.

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/14/22 1:15 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive at the end.