

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 10/04/17

**PATIENT:** BELL, PAM    **DOB:** 08/30/1968    **Gender:** FEMALE    **MRN:** 203    **AGE:** 49 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Cough

Symptoms: Started as a head cold that has moved into her chest. This morning was having trouble breathing. Coughing up a thick white sputum. More stuck. Unable to cough up. Nasal congestion is thick and clear. No night sweats. ModFact: OTC meds for cough and cold. Cough drops are not helping. Mucinex keeps her awake at night.

**VITALS:** BP: 123/81    **Position:** SITTING    **Pulse:** 72;    **Temp:** 97.6

**ALLERGIES:** Decadron

**MEDICATIONS:**

tyrosine 500 mg capsule

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: cough, runny nose, congestion, sinus pain, earache,

**PHYSICAL EXAMINATION:**

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: TM's intact, no redness, fluid present. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender; congested, no discharge at present.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates. Throat is clear, no tonsillar hypertrophy, and no exudates. Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, left anterior nodule. approximate size is 1 x 1 1/2 cm. semi-firm and mobile, non-tender. Patient was unaware of nodule

**ASSESSMENT:**

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - Acute upper respiratory infection, unspecified

R22.1 - Localized swelling, mass and lump, neck

**PLAN:**

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE AS DIRECTED(ZPACK)

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 2 CAPSULES (600 MG) BY ORAL ROUTE ONCE DAILY

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 10/04/17

**PATIENT:** BELL, PAM    **DOB:** 08/30/1968    **Gender:** FEMALE    **MRN:** 203    **AGE:** 49 Years

Xyzal 5 my qd OTC

Mucinex DM q 12 pm OTC

Refer to surgeon for evaluation/biopsy of neck lump

Electronically signed by Carol Stewart, NP on 10/04/17 4:35 PM