

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/30/25

PATIENT: RILEY, VICKIE **DOB:** 07/07/1960 **Gender:** FEMALE **MRN:** 209 **AGE:** 64 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, sore throat, runny nose

HISTORY OF PRESENT ILLNESS: Mrs. Riley is a 64 yo female here today for runny nose, sore throat, cough with occasional green drainage since last Saturday. She has tried otc zyrtec, mucinex, and triamcinolone nasal spray with little relief. She denies headache or fever. She is requesting tessalon perrles for the cough.

She has a history of T2DM managed by Dr. McIntyre. She reports her A1C a few weeks ago was 7.3%.

VITALS: BP: 133/79 **Pulse:** 79; **Temp:** 97.21; **Resp:** 17; **Ht:** 66 in.; **Wt:** 213.9 lbs.; **BMI:** 34.52; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Farxiga 10 mg tablet
Janumet 50 mg-1,000 mg tablet
Microlet Lancet
amlodipine 10 mg-benazepril 40 mg capsule
aspirin 81 mg chewable tablet
atorvastatin 40 mg tablet
hydrochlorothiazide 25 mg tablet (1/2 to 1 tab PO once daily prn)
levothyroxine 100 mcg tablet

PAST MEDICAL HISTORY: Hypertension; Hypothyroidism; HLD; Diabetes (Type-II); Asthms during childhood

PAST SURGICAL HISTORY: Tonsillectomy; Thyroid surgery

SOCIAL HISTORY: Married. Works at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother/Father with history of: diabetes, high cholesterol, HTN; Maternal Grandfather with history of: diabetes; Sister with history of: Crohn's disease; Father with history of: MI; Mother with history of: stroke

HEALTH MX HISTORY:

PCP: Dr. Ashley McIntyre
Colonoscopy Dec. 2022- Reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

R05.9 - Cough, unspecified

PLAN:

Rx as per below. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

benzonatate 100 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Lindsey Barton, CRNP on 05/30/25 2:41 PM

L. Barton, DNP, CRNP

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