

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/18/18

PATIENT: RILEY, VICKIE **DOB:** 07/07/1960 **Gender:** FEMALE **MRN:** 209 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Started on Friday, worsened on Saturday and settled into chest. Sputum is a lime-green color. No fever. Sore throat initially but that has resolved. Some times coughing to the point it hurts. Some nasal congestion. Has taken Mucinex D.

Location: Chest

VITALS: BP: 118/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Invokana 100 mg tablet
Kazano 12.5 mg-1,000 mg tablet
Vitamin D3 1,000 unit capsule
amlodipine 10 mg-benazepril 40 mg capsule
aspirin 81 mg chewable tablet
hydrochlorothiazide 25 mg tablet
levothyroxine 75 mcg tablet
simvastatin 40 mg tablet

PAST MEDICAL HISTORY: Hypertension; Hypothyroidism; Diabetes (Type-II); Asthms during childhood

PAST SURGICAL HISTORY: Tonsillectomy; Thyroid surgery

FAMILY HISTORY: Mother/Father with history of: diabetes, high cholesterol, HTN; Maternal Grandfather with history of: diabetes; Sister with history of: Crohn's disease; Father with history of: MI; Mother with history of: stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: cough, congestion,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Tongue and uvula midline;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; Nasal mucosa moist and pink; mildly congested; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat red without pustules; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Bilateral Rhonchi--clears with coughing

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J20.9 - ACUTE BRONCHITIS, UNSPECIFIED (PRIMARY)

J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Tessalon Perles 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

prednisone 20 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY

Continue with Mucinex to help loosen congestion.

Follow up PRN or if condition worsens

Electronically signed by Melodye Harvey, CRNP on 12/18/18 11:07 AM