

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/17/23

PATIENT: WITCHER, GEOFFREY **DOB:** 05/01/1986 **Gender:** MALE **MRN:** 2140 **AGE:** 37 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sinus pressure, sob/wheezing

HISTORY OF PRESENT ILLNESS: Mr. Witcher is a 37 yo male here today for sinus pressure, congestion, cough with green sputum over the past few weeks. Denies fever. He states over the past few days he has gotten worse. He now has sob/wheezing and is having to use his inhaler more frequently for his asthma. He is on advair for maintenance and states he only has a flare up about once a year.

VITALS: BP: 147/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99; **Temp:** 97.3; **Resp:** 16; **Ht:** 69 in.; **Wt:** 232.8 lbs.;
BMI: 34.37; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Advair Diskus 250 mcg-50 mcg/dose powder for inhalation
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler
allopurinol 300 mg tablet
atorvastatin 40 mg tablet
lithium carbonate 300 mg capsule
montelukast 10 mg tablet

PAST MEDICAL HISTORY: Asthma, HLD, Gout, GAD/Depression

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ 3 children. Spouse works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary but no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Inspiratory and expiratory wheezes bilaterally throughout with rhonchi bilateral posterior lower lobes.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
Rocephin 1G (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J45.21 - MILD INTERMITTENT ASTHMA WITH EXACERBATION (PRIMARY)
J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED
R06.02 - SHORTNESS OF BREATH
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Rx as per below. Given steroid and rocephin shots in office. Continue advair bid and albuterol bid and prn for now.
Follow up as needed.

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Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/17/23 4:26 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.