

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/06/22

PATIENT: WITCHER, JEOFFREY **DOB:** 05/01/1986 **Gender:** MALE **MRN:** 5252 **AGE:** 36 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: dry cough, fever, body aches, headache, nasal congestion, and shortness of breath at all times with an increased use of his PRN asthma inhaler.

HISTORY OF PRESENT ILLNESS: Onset of symptoms Sunday. His wife tested positive for flu today and his son yesterday. He had ibuprofen at 11am today for fever.

Of note, he was recently prescribed augmentin and prednisone 20mg tablets November 26, 2022 at another facility.

VITALS: BP: 133/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 108; **Temp:** 98.5; **Resp:** 18; **Ht:** 69 in.; **Wt:** 251.2 lbs.; **BMI:** 37.09; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Advair Diskus 250 mcg-50 mcg/dose powder for inhalation
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler
allopurinol 300 mg tablet
atorvastatin 40 mg tablet
lithium carbonate 300 mg capsule
montelukast 10 mg tablet

PAST MEDICAL HISTORY: Asthma, HLD, Gout, GAD/Depression

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married w/ 3 children. Spouse works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; + tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Positive
Comment: Flu A

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
J45.901 - Unspecified asthma with (acute) exacerbation
R06.02 - SHORTNESS OF BREATH
R05.9 - COUGH, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Continue advair and albuterol as directed. RX as per below. Tylenol or motrin as directed on otc bottle as needed for pain/fever. Increase fluid intake for hydration. Go to nearest ER for worsening asthma symptoms/sob/wheezing not controlled with inhalers and steroid dose pack. Follow up as needed.

Xofluza 80 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

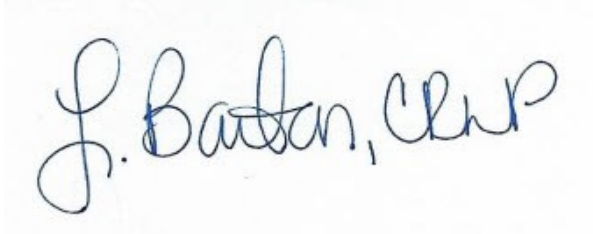
Electronically signed by Lindsey Barton, CRNP on 12/06/22 4:43 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CNP" is written in a slightly more upright, blocky cursive at the end.