

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/25/17

PATIENT: MOORER, KATRINA **DOB:** 11/16/1977 **Gender:** FEMALE **MRN:** 221 **AGE:** 39 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: PE for the EARN program. No prior history of major accident or illness.

Symptoms: Denies any complaints today

VITALS: BP: 146/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 98.4; **Resp:** 14; **Ht:** 65.1 in.; **Wt:** 185.1 lbs.; **BMI:** 30.7; **FDLMP:** 07/18/17

ALLERGIES: Lortab (C/O: itching (finding))

MEDICATIONS:

Lipitor 40 mg tablet
Probiotic 100 billion cell capsule
aspirin 325 mg tablet
metformin 500 mg tablet
metoprolol succinate ER 100 mg tablet, extended release 24 hr

PAST MEDICAL HISTORY: Endometriosis, 5 pregnancies. cholesterol, Diabetes, PCOS

PAST SURGICAL HISTORY: Tonsillectomy, Gall bladder removed.

SOCIAL HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: All negative for discharge or mass.

PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

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PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Wearing corrective lenses

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear. Hearing grossly intact.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. Thyroid palpable, no nodules.

CARDIOVASCULAR: HRRR; BP elevated currently

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.010

Blood: Negative

pH: 7

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Negative

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

PLAN:

Check BP bid and record results.

F/U with regular MD as scheduled.

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Electronically signed by Carol Stewart, NP on 07/25/17 4:03 PM