

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/05/21

PATIENT: SALLAS, DERIC **DOB:** 10/21/1988 **Gender:** MALE **MRN:** 227 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Mr. Sallas is a 33 yo male here today for a sick visit. He c/o sore throat, nasal congestion, and yellow/green thick sinus drainage. Denies fever, cough, loss of taste/smell, n/v/d. He is fully covid 19 vaccinated.

VITALS: BP: 141/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 111; **Temp:** 98.2; **Resp:** 16; **Ht:** 72 in.; **Wt:** 165 lbs.;
BMI: 22.37; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: genetic retinal condition

PAST SURGICAL HISTORY: surgical repair of a Pilonidal cyst,

SOCIAL HISTORY: denies tobacco and illicit drug use; occasional alcohol use

FAMILY HISTORY: Mother- breast cancer; father- prediabetes; maternal grandmother-unknown heart condition on blood thinner medications.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + left anterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

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STREP A:

Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Follow up as needed.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Augmentin 875 mg-125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/05/21 4:09 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.