

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/26/18

PATIENT: BOZEMAN, JOCELYN **DOB:** 04/24/1969 **Gender:** **MRN:** 340 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough, congestion

Symptoms: Sick since Thursday into Friday. Cough, nasal congestion. Used Nyquil and TheraFlu. Feels like staying in the bed. Did have night sweats last night. Body aches all the time. Smoker every now and then.

Context: Denies sick contacts.

ModFact: Started the Theraflu and Nyquil on Friday night.

VITALS: BP: 126/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 97.7; **Ht:** 63 in.; **Wt:** 143.8 lbs.; **BMI:** 25.47

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Iron (ferrous sulfate) 325 mg (65 mg iron) tablet (1 tablet by mouth daily)

atorvastatin 40 mg tablet (1 tablet by mouth daily)

losartan 100 mg-hydrochlorothiazide 25 mg tablet (1 tablet by mouth daily)

metformin 500 mg tablet (1 tablet by mouth daily)

PAST MEDICAL HISTORY: Diabetes (Type-2); Hypertension; Hypercholesterolemia

PAST SURGICAL HISTORY: Ectopic pregnancy

SOCIAL HISTORY: Does not use alcohol; Does not use recreational drugs; Does smoke 5 cigarettes per day. For __25__ years.

FAMILY HISTORY: Paternal Grandmother with history of: Breast Ca--deceased; Mother with history of: Kidney Ca--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Chills, Fatigue, Malaise,

ENMT: Patient is positive for: cough, runny nose, congestion, sinus pain,

NEUROLOGIC: Patient is positive for: Headache,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; Membranes moist; Tongue and uvula midline;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; Clear rhinorrhea; Turbinate Hypertrophy on Right; Turbinate Hypertrophy on Left; Bilateral Maxillary Sinus Tenderness; Bilateral Frontal Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; Bilateral Anterior Cervical Lymphadenopathy;

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CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric;

MUSCULOSKELETAL: Full Range of Motion; Gait Normal;

NEUROLOGIC: No Focal Deficit; Gait and Station Normal; Cranial Nerves Intact;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND

PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

URI information sheet provided to patient.

Tessalon Perles 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Complete Healthy Tigers screening form.

Will notify patient of any abnormal lab results.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 11/26/18 9:32 AM