

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/03/17

PATIENT: TYRE, BREANNA **DOB:** 11/25/1996 **Gender:** FEMALE **MRN:** 234 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: In for evaluation and treatment on ongoing anxiety.

VITALS: BP: 105/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 62; **Ht:** 64.3 in.; **Wt:** 132.8 lbs.; **BMI:** 22.58; **FDLMP:** 07/01/17

ALLERGIES: No Known Drug Allergies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PSYCHIATRIC: Began having episodes of anxiety in 8th grade. Went of a family trip requiring an absence from school for one week. On returning, she felt extremely overwhelmed with "catch-up" work. Since that time, she has had episodes of anxiety when feeling stressed. She describes the episodes paralyzing and at times does not attend class or missing an exam because it's so overwhelming.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/03/17

PATIENT: TYRE, BREANNA **DOB:** 11/25/1996 **Gender:** FEMALE **MRN:** 234 **AGE:** 20 Years

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

LYMPHATIC: No adenopathy.

NEUROLOGIC: CN II - XII grossly intact. Good grip. Strength note bilateral sensation intact to pain & slight touch cerebella fx intact with finger to finger, heel to shin. Normal Gait.

PSYCHIATRIC: ; Anxiety; Memory Intact; Alert and Oriented x3; Memory Intact;

ORDERS:

BLOOD DRAW (1 unit(s)): In-House Lab

ASSESSMENT:

K11.20 - SIALOADENITIS, UNSPECIFIED (PRIMARY).

PLAN:

Lexapro 10 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Carol Stewart, NP on 08/04/17 1:34 PM