

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/25/22

PATIENT: HINES, PAIGE **DOB:** 03/05/1977 **Gender:** FEMALE **MRN:** 239 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Pt comes in with c/o sore throat, congestion, dry cough, hoarse voice, and left ear pain. She says her s/s started Tuesday. She feels her ear is popping. She denies N/V/D, fever, body aches, chills, loss of taste/smell.

VITALS: BP: 132/88 **Pulse:** 68; **Temp:** 97.4; **Resp:** 16; **Ht:** 68 in.; **Wt:** 271.8 lbs.; **BMI:** 41.32; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins ((Urticaria NOS) or (hives)); Sulfa (Sulfonamide Antibiotics) ((Urticaria NOS) or (hives))

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE twice daily for nasal congestion)

Lexapro 20 mg tablet

meloxicam 15 mg tablet (as directed)

ropinirole 5 mg tablet (as directed)

tramadol 50 mg tablet (one tab daily PO)

PAST MEDICAL HISTORY: Anxiety/depression

PAST SURGICAL HISTORY: Hysterectomy, gastric bypass.

SOCIAL HISTORY: Denies tobacco, recreational drug, ETOH use.

FAMILY HISTORY: Unknown

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear on right, cerumen impaction on left. Nose- septum- midline; Maxillary sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Ear Irrigation (1 unit(s)): Surgical Procedure
Solumedrol 125mg/2ml (1 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION
R05.9 - COUGH, UNSPECIFIED
H61.20 - IMPACTED CERUMEN, UNSPECIFIED EAR
J30.2 - OTHER SEASONAL ALLERGIC RHINITIS
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Bromfed to pharmacy. Advised to start taking Zyrtec with Flonase. Will call if she develops fever, green/yellow drainage. Ear irrigation to left ear by Miranda, RN. Cerumen impaction still noted after irrigation. Debrox this weekend as directed on package, return for irrigation on Monday. Pt agrees.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 03/25/22 8:59 AM

M. Fain, CRNP