

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/24/23

PATIENT: HINES, PAIGE **DOB:** 03/05/1977 **Gender:** FEMALE **MRN:** 239 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Burn to right leg

HISTORY OF PRESENT ILLNESS: Ms. Hines presents to the clinic with complaints of a burn to her right leg. She states she was riding a dirt bike on Saturday and the exhaust pipe burned her right inner upper and lower leg. Last Tdap was in 2020.

VITALS: BP: 147/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.2; **Resp:** 16; **Ht:** 67 in.; **Wt:** 257.9 lbs.;
BMI: 40.39; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins ((Urticaria NOS) or (hives)); Sulfa (Sulfonamide Antibiotics) ((Urticaria NOS) or (hives))

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE twice daily for nasal congestion)

Lexapro 20 mg tablet

meloxicam 15 mg tablet (as directed)

ropinirole 5 mg tablet (as directed)

tramadol 50 mg tablet (one tab daily PO)

PAST MEDICAL HISTORY: Anxiety/depression

PAST SURGICAL HISTORY: Hysterectomy, gastric bypass, gallbladder removed. Both rotator cuff surgery.

SOCIAL HISTORY: Denies tobacco, recreational drug, ETOH use.

FAMILY HISTORY: Unknown

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. First degree burn, with peeling in some areas swelling and redness to right inner leg, L 9.5cm x W 9 cm. no bleeding, blisters or oozing noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

T24.131A - Burn of first degree of right lower leg, initial encounter (PRIMARY)

PLAN:

Cover with a sterile gauze or non-adhesive bandage

Try to keep the burned area elevated to help reduce swelling. Follow up if burn worsens or does not improve.

mupirocin 2 % topical ointment

Refills: 2 Qty: 22 GRAM(S)

Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY

clindamycin HCl 300 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Electronically signed by Robin Blackwell, CRNP on 04/24/23 2:42 PM

Robin Blackwell CNP