

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/14/18

PATIENT: DYESS, JENNIFER **DOB:** 10/13/1966 **Gender:** FEMALE **MRN:** 23 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: C/O sore throat, left ear pain, sinus pressure, no fever, clear drainage. Pain around left eye also.

VITALS: BP: 126/78 **Site:** LEFT ARM **Position:** SITTING; **Temp:** 98.4

ALLERGIES: Penicillins

MEDICATIONS:

Zoloft 100 mg tablet (TAKE 1 PO QD)
Zoloft 50 mg tablet

PAST MEDICAL HISTORY: Hypercholesterolemia allergic rhinitis,; ovariaann cyst; vertigo;

PAST SURGICAL HISTORY: Ovarian cyst removal

FAMILY HISTORY: Father with history of: Hypertension; Brother with history of: Alcohol Problems; Maternal Grandmother with history of: Cancer; Thyroid Disease; Maternal Grandfather with history of: Cancer;

HEALTH MX HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: runny nose, congestion, sinus pain, earache, sore throat,

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

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MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

F33.40 - Major depressive disorder, recurrent, in remission, unspecified

PLAN:

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE AS DIRECTED(ZPACK)

Zoloft 100 mg tablet

Refills: 2 Qty: 90 TABLET(S)

Instructions: TAKE 1 PO QD

Mucinex DM OTC

Follow up PRN also if condition worsens or not improved

Electronically signed by Carol Stewart, NP on 02/14/18 3:52 PM