

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 04/25/18

PATIENT: GLASS, STACY **DOB:** 03/07/1977 **Gender:** FEMALE **MRN:** 248 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: PE for School of Nursing Masters Program

Symptoms: Hx of hypothyroidism and occasional lower back pain

ModFact: Patient sees a chiropractor for back pain.

VITALS: BP: 102/71 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 60; **Temp:** 97.9; **Ht:** 66.3 in.; **Wt:** 176.9 lbs.; **BMI:** 28.29

MEDICATIONS:

levothyroxine 50 mcg tablet

PAST MEDICAL HISTORY: Hypothyroidism, occasional back pain--sees chiropractor

PAST SURGICAL HISTORY: Tonsillectomy at 14.

FAMILY HISTORY: Father with history of lung cancer--deceased

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: sinus drainage

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

GENITOURINARY: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

MUSCULOSKELETAL: Patient is positive for: occasional back pain

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age

HEENT: Membranes moist; Airways patent; Good Dentation; Tongue and uvula midline;

HEAD: Normocephalic, EOMI, PERRL, lids and conjunctivae appear normal, sclera white, visual fields normal, light reflex present.

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EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nasal mucosa moist and pink; Clear rhinorrhea; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Posterior Nasal Drainage; Throat with mild erythema; L>R; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. No thyromegaly.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Full Range of Motion; Gait Normal; No clubbing, cyanosis, or edema of lower extremities; No Scoliosis;

LYMPHATIC: No adenopathy.

NEUROLOGIC: No Focal Deficit; DTR's +2/4 and bilaterally symmetric for upper and lower extremities; Cranial Nerves Intact;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.015

Blood: Negative

pH: 6

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Negative

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

PLAN:

F/U as instructed for TB skin test reading.

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RTC pm

Electronically signed by Melodye Harvey, CRNP on 04/25/18 10:59 AM