

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/25/21

PATIENT: GLESNER, CHRISTOPHER **DOB:** 07/02/1998 **Gender:** MALE **MRN:** 2515 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus congestion

HISTORY OF PRESENT ILLNESS: Mr. Glesner presents today for a sick visit regarding a sore throat, body aches, chills, congestion and fatigue since this morning. He denies any cough, headache, n/v/d or loss of taste or smell. He took OTC Benadryl this morning. He reports he was Covid + in May 2020.

VITALS: BP: 131/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 99.3; **Resp:** 16; **Ht:** 69 in.; **Wt:** 152.2 lbs.;
BMI: 22.47; **Pulse Oximetry:** 99%

PAST MEDICAL HISTORY: Denies any past medical history

PAST SURGICAL HISTORY: Denies any past surgical history

SOCIAL HISTORY: Former smoker, 1 glass of red wine nightly, no illicit drug use ; lives off campus with parents

FAMILY HISTORY: Father: Hyperlipidemia ; Mother: Hyperlipidemia

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + clear rhinorrhea; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

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Value: Negative

INFLUENZA:

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ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

PLAN:

Flu, strep, and COVID negative. Given samples of alahist PE in office. Recommended otc flonase. Tylenol or motrin as needed for body aches, fever, chills. Follow up if worsening symptoms and as needed.

Alahist PE 2 mg-7.5 mg tablet

Refills: 1 Qty: 15 TABLET(S)

Instructions: 1 tablet PO every 6 hrs as needed for sinus drainage/congestion

Electronically signed by Lindsey Barton, CRNP on 03/25/21 3:00 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.