

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/27/23

PATIENT: STATAM, CATHERINE **DOB:** 07/25/1970 **Gender:** FEMALE **MRN:** 2673 **AGE:** 52 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Pain on left side of back that radiates to the left side of the stomach for the past 2 days.

HISTORY OF PRESENT ILLNESS: Denies rash or burning, but has itching to the area and slight discomfort that is relieved with aleve. She also states the sensation is decreased in the area. Denies back pain along the spine. No recent heavy lifting. Does have a history of chicken pox as a child. Has not received shingles vaccine yet.

VITALS: BP: 147/80 **Pulse:** 75; **Temp:** 98.2; **Resp:** 16; **Ht:** 63.5 in.; **Wt:** 189.2 lbs.; **BMI:** 32.98; **Pulse Oximetry:** 97%

ALLERGIES: Tylenol

MEDICATIONS:

losartan 100 mg-hydrochlorothiazide 12.5 mg tablet

PAST MEDICAL HISTORY: HTN, scoliosis

PAST SURGICAL HISTORY: left pinky surgery

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities. No vertebral point tenderness.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

B02.9 - Zoster without complications (PRIMARY)

PLAN:

Suspect she has the beginning of shingles. She has intermittent itching, pain, and decreased sensation that starts over her left flank and wraps around the front along the dermatome. It does not cross the midline. Educated on

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shingles and rx as per below. Ok to take aleve as needed for pain. Follow up as needed.

valacyclovir 1 gram tablet

Refills: 0 Qty: 21 TABLET(S)

Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE Every 8 hours x 7 days

Electronically signed by Lindsey Barton, CRNP on 04/27/23 1:10 PM



J. Barton, CRNP