

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/31/17

PATIENT: FADIL, MARYAM **DOB:** 05/17/2000 **Gender:** FEMALE **MRN:** 268 **AGE:** 17 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Heartburn/vomiting

Symptoms: Last night had heartburn and vomited (x1) after eating spicy noodles. Was unable to go to class this morning because she could not get out of bed due to dehydration. Denies fever. Reports diarrhea x 2-3 episodes today.

Duration: Since last PM.

VITALS: BP: 119/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 97.3; **FDLMP:** 10/18/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Mucinex DM 30 mg-600 mg tablet, extended release 12 hr (TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS AS NEEDED)

Robitussin Cough-Chest Congestion DM 10 mg-200 mg capsule (Take according to package directions (OTC))

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Vomiting one time last night.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD

HEENT: Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation. EOMI, PERRL, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR, no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

NEUROLOGIC: No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

K21.9 - GASTRO-ESOPHAGEAL REFLUX DIS WITHOUT ESOPHAGITIS (PRIMARY)

PLAN:

Bland diet. Avoid greasy, spicy foods. Increase fluids orally

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BRAT diet--bananas, rice, applesauce, toast

Sips of clear liquids frequently.

RTC for returning symptoms.

Electronically signed by Carol Stewart, NP on 10/31/17 4:01 PM