

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/30/22

PATIENT: PARRISH, NICOLETTE **DOB:** 12/29/1995 **Gender:** FEMALE **MRN:** 2696 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bump to right groin/vaginal area.

HISTORY OF PRESENT ILLNESS: Ms. Parrish is a 26 yo female here today for a recurrent bump to her groin area. She states these bumps come and go. Everytime she has tried to see her PCP for it, the bump goes away before she can get in for her appt. They sometimes drain a clear fluid when present and occasionally a dark blood color. Some of the bumps have left scars. No history of these bumps elsewhere to include not involving the axillary area. She is not sure if they occur with her cycle as she does not typically have a cycle with her BCP. Condition is worse when she wear tight fitting clothes and when she sweats more.

VITALS: BP: 148/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 123; **Temp:** 98.4; **Resp:** 16; **Ht:** 66 in.; **Wt:** 226.9 lbs.; **BMI:** 36.62; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY:

SOCIAL HISTORY:

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. 1 small, papular bluish fluid filled lesion x 1 on right upper inner thigh that is tender to palpation. No erythema, drainage, or warmth present. Few scars to bilateral upper thighs as well.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

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ASSESSMENT:

L73.2 - Hidradenitis suppurativa (PRIMARY)
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Follow up with STI screening results. Clindamycin gel for treatment of hidradenitis. Follow up as needed or if no improvement or worsening symptoms.

Clindagel 1 % topical gel, once daily

Refills: 0 Qty: 40 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE ONCE DAILY

Electronically signed by Lindsey Barton, CRNP on 03/30/22 4:18 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.