

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/27/22

PATIENT: PARRISH, NICOLETTE **DOB:** 12/29/1995 **Gender:** FEMALE **MRN:** 2696 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash to abdomen

HISTORY OF PRESENT ILLNESS: Pt is a 26 YOF who comes in with rash. She noticed a red circular lesion that itched started 6/10/22. She thought it was ring worm, and she started on tx. She then saw that it did not improve and started spreading with increase in itching and redness. This was 7/1/22. She comes in today seeking further tx. She denies s/s of lyme disease, with no tick bites noted. She does admit to recent illness, no fever, seasonal allergies.

VITALS: BP: 136/90 **Pulse:** 93; **Temp:** 97.7; **Resp:** 16; **Ht:** 67 in.; **Wt:** 229.1 lbs.; **BMI:** 35.88; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Clindagel 1 % topical gel, once daily (APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE ONCE DAILY)

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: Denies, ?asthma

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm. Circular/Oval, red rash to abdomen. Some dry, scales. Some clear drainage.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

ASSESSMENT:

L30.9 - Dermatitis, unspecified (PRIMARY)
L42 - Pityriasis rosea

PLAN:

RX to pharmacy, return if not improved. Keep lubricated, gentle showers, no extreme hot water.

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 1 TUBE(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Electronically signed by Maranda Fain, CRNP on 07/27/22 9:57 AM

M. Fain, CRNP