

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/31/18

PATIENT: ROBINSON, SHAE **DOB:** 12/21/1977 **Gender:** FEMALE **MRN:** 274 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough, congestion, sneezing

Symptoms: Symptoms started on Monday. Denies fever. Sick contacts reported. Occasional cough with yellow drainage noted when coughing. Denies body aches. Runny nose and congestion with mucous.

Duration: Since Monday

VITALS: BP: 124/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 97.8; **Resp:** 16; **Ht:** 64.5 in.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic; Airways patent; Membranes moist;

EARS: TM's intact and reflect NCL; External Auditory Canal clear;

NOSE: Nasal mucosa moist and pink; Bilateral Turbinate Hypertrophy Bilateral Frontal Sinus Tenderness; Bilateral Maxillary Sinus Tenderness;

THROAT: Posterior Nasal Drainage; mild erythema noted

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

MEDICATIONS NOT PERFORMED:

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

URI information sheet provided to patient.

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RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 01/31/18 1:54 PM