

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/15/23

PATIENT: BASKIN, NAKYIA **DOB:** 12/30/2000 **Gender:** FEMALE **MRN:** 2759 **AGE:** 22 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Possible allergic reaction

HISTORY OF PRESENT ILLNESS: Ms. Baskin is a 22 yo female here today for possible allergic reaction. She works in the cafe on campus. She tried a piece of salmon (1 bite) but didn't realize that the chef had basted it with lobster sauce. She has a shellfish allergy. She states she started feeling like her throat was itching and dry. Denies rash, itching all over, sob, cough, throat swelling or tongue swelling. She feels a little better now since walking over.

VITALS: BP: 127/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 96.6; **Resp:** 16; **Pulse Oximetry:** 97%

ALLERGIES: shellfish derived

MEDICATIONS:

atenolol 25 mg tablet (1 tablet daily)
epinephrine 0.3 mg/0.3 mL injection, auto-injector (as needed for allergic reaction)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule once a week)
methimazole 5 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: hyperthyroidism

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Works on campus in the cafe.

FAMILY HISTORY:

HEALTH MX HISTORY: PCP- Dr. Thuddy, also sees endocrine

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

T78.40XA - Allergy, unspecified, initial encounter (PRIMARY)

PLAN:

Given a dose of zyrtec and pepcid sample from the clinic. She is stable and states her symptoms are better. She was offered a steroid shot, but she declined. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/21/23 8:43 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.