

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/05/23

PATIENT: FREEMAN, JULIE **DOB:** 04/27/1957 **Gender:** FEMALE **MRN:** 278 **AGE:** 66 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: urinary symptoms

HISTORY OF PRESENT ILLNESS: Ms. Freeman presents to the clinic with complaints of dysuria, frequency, low back pain for 4 days. She denies N/V CVA tenderness or fevers.

Of note. Ms. Freeman recently started Verapamil, she states her BP at home is normally in the 120's over 80's.

VITALS: BP: 140/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 98.3; **Resp:** 16; **Pulse Oximetry:** 99%

ALLERGIES: Demerol; Lupron; Plaquenil

MEDICATIONS:

Fosteum 27 mg-20 mg-200 unit capsule
Singular 10 mg tablet
methotrexate (PF) 15 mg/0.3 mL subcutaneous auto-injector
pantoprazole 20 mg tablet, delayed release
verapamil ER (SR) 240 mg tablet, extended release

PAST MEDICAL HISTORY: SCC skin cancer removed. HTN. Seasonal allergies. Sjogren's

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. No CVA tenderness

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

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UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.025
Blood: Positive
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Positive
Leukocytes: Negative
CS: yes
Comments: Blood trace

Leuk 25

ASSESSMENT:

N30.01 - ACUTE CYSTITIS WITH HEMATURIA (PRIMARY)
R30.0 - DYSURIA
R35.0 - FREQUENCY OF MICTURITION
M54.50 - LOW BACK PAIN, UNSPECIFIED
I10 - Essential (primary) hypertension

PLAN:

Pending urine culture. Increase water intake and avoid caffeine. Continue monitoring BP at home.

Macrobid 100 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Electronically signed by Robin Blackwell, CRNP on 06/05/23 3:11 PM

Robin Blackwell CNP