

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 10/03/22

**PATIENT:** FREEMAN, JULIE    **DOB:** 04/27/1957    **Gender:** FEMALE    **MRN:** 278    **AGE:** 65 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** ear fullness

**HISTORY OF PRESENT ILLNESS:** Dr. Freeman is a 65 yo female here today for bilateral ear fullness. She states she has had sinus drainage and congestion for the past 10 days, but that has improved. Now her ears are full and she has a hard time hearing out of them. Denies fever or cough. She tested negative for COVID a few times at home over the course of 10 days.

**VITALS:** BP: 146/89    **Site:** LEFT ARM    **Position:** SITTING    **Pulse:** 67;    **Temp:** 97.4;    **Resp:** 17;    **Ht:** 65 in.;    **Wt:** 185.4 lbs.;  
**BMI:** 30.85;    **Pulse Oximetry:** 98%

**ALLERGIES:** Demerol; Lupron; Plaquenil

**MEDICATIONS:**

Bystolic 5 mg tablet (daily)  
Singulair 10 mg tablet  
torsemide 5 mg tablet (10mg)

**PAST MEDICAL HISTORY:** SCC skin cancer removed. HTN. Seasonal allergies.

**PAST SURGICAL HISTORY:**

**SOCIAL HISTORY:** Married. Drinks alcohol socially. Denies smoking or illicit drug use.

**FAMILY HISTORY:**

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes are cloudy. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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**ORDERS:**

Depo-Medrol 40mg/ml (1 unit(s)): Injection  
Dexamethasone 4mg/ml (1 unit(s)): Injection  
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

**ASSESSMENT:**

H65.03 - ACUTE SEROUS OTITIS MEDIA, BILATERAL (PRIMARY)  
J30.2 - Other seasonal allergic rhinitis

**PLAN:**

Continue singulair as prescribed. Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 10/03/22 12:20 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.