

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/11/21

PATIENT: FREEMAN, JULIE **DOB:** 04/27/1957 **Gender:** FEMALE **MRN:** 278 **AGE:** 64 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: runny nose, sore throat

HISTORY OF PRESENT ILLNESS: Dr. Freeman is a 64 yo female here today for sick visit. She c/o sore throat, runny nose, congestion, teeth pain, and right ear ache for the past 2-3 days. Denies fever, loss of taste/smell, n/v/d. She is fully covid vaccinated.

VITALS: BP: 146/66 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 98.9; **Resp:** 17; **Ht:** 65 in.; **Wt:** 175 lbs.;
BMI: 29.12; **Pulse Oximetry:** 96%

ALLERGIES: Demerol; Lupron; Plaquenil

MEDICATIONS:

Bystolic 5 mg tablet (daily)
Singulair 10 mg tablet
torsemide 5 mg tablet (10mg)

PAST MEDICAL HISTORY: SCC skin cancer removed.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Left Ear- tympanic membrane is clear. Right TM has serous OM. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)
H65.01 - Acute serous otitis media, right ear
Z20.822 - Contact with and (suspected) exposure to COVID-19

PLAN:

RX as per below. Follow up as needed.

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKAGE
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/11/21 1:37 PM



J. Barton, CRNP