

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/16/19

PATIENT: FREEMAN, JULIE **DOB:** 04/27/1957 **Gender:** FEMALE **MRN:** 278 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

ALLERGIES: Demerol; Lupron; Plaquenil

MEDICATIONS:

Singulair 10 mg tablet
azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))
prednisone 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY tid x 2 day then 20 mg bid x 2 days then 20 mg qd x 2)
torsemide 5 mg tablet (10mg)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: cough, congestion, earache, Hoarseness,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose congested, beige/green drainage

THROAT: Throat is slightly red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
R05 - Cough
J01.00 - Acute maxillary sinusitis, unspecified

PLAN:

cefdinir 300 mg capsule
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Continue Mucinex DM and Zyrtec.

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OTC Delsym for cough.

RTC if not improving.

Electronically signed by Carol Stewart, NP on 12/19/19 2:36 PM