

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/18/26

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: medication refill and discuss GLP 1

HISTORY OF PRESENT ILLNESS: 51 YO F PTC for f/u on hyperlipidemia and anxiety, pt also reports concern about her current weight, pt has elevated BMI despite balanced diet and daily exercise. Pt also reports snoring at night and having some daytime fatigue and not feeling that she has good sleep quality.

VITALS: BP: 124/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 98; **Resp:** 16; **Ht:** 65 in.; **Wt:** 192.8 lbs.;
BMI: 32.08; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Wellbutrin XL 300 mg 24 hr tablet, extended release (TAKE 1 TABLET (300 MG) BY ORAL ROUTE ONCE DAILY)
paroxetine 40 mg tablet (1 TABLET PO DAILY)
rosuvastatin 40 mg tablet (1 TABLET PO QHS)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies; IDA. Thrombocytopenia (Has been evaluated by Montgomery Cancer Center in 2021).

PAST SURGICAL HISTORY: Hysterectomy August 2023, Right ACL repair

SOCIAL HISTORY: Works on campus at the Wellness Center. denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
Mammo- April 2025- negative.
Colonoscopy- no; Cologuard May 2025- normal

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or

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organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Hemoglobin A1c (1 unit(s)): LabCorp

ASSESSMENT:

R73.03 - PREDIABETES (PRIMARY)

E66.811 - OBESITY, CLASS 1

R06.83 - SNORING

PLAN:

paroxetine 40 mg tablet

Refills: 3 Qty: 90 TABLET(S)

Instructions: 1 TABLET PO DAILY

rosuvastatin 40 mg tablet

Refills: 3 Qty: 90 TABLET(S)

Instructions: 1 TABLET PO QHS

Wellbutrin XL 300 mg 24 hr tablet, extended release

Refills: 3 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (300 MG) BY ORAL ROUTE ONCE DAILY

D/w patient considering sleep study due to reported snoring, daytime somnolence and feeling of poor quality sleep. Also advised pt to swap CHO medication to bedtime as it is more effective at that time. Will check A1c as pt has h/o prediabetes.

Electronically signed by Breena Till, CRNP on 02/18/26 10:17 AM

