

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/02/24

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: anxiety follow up- evaluate the effectiveness of paroxetine.

HISTORY OF PRESENT ILLNESS: Ms. Puryear is a 49 yo female here today for anxiety follow up. She was last seen in November and her paxil dose was increased to 40mg daily. She states she doesn't feel like it works as well as it use too. She feels like she is also starting to go through menopause. She is having bouts of crying for unknown reasons, hot flashes, tender breasts, etc. She thinks this is the reason for her increased anxiety and why she is starting to have some mild depression.

Of note, she had a hysterectomy in 2023.

VITALS: BP: 132/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98; **Resp:** 16; **Ht:** 65 in.; **Wt:** 203.6 lbs.;
BMI: 33.88; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

paroxetine 40 mg tablet (1 TABLET PO DAILY)
rosuvastatin 40 mg tablet (1 TABLET PO QHS)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies; IDA. Thrombocytopenia (Has been evaluated by Montgomery Cancer Center in 2021).

PAST SURGICAL HISTORY: Hysterectomy August 2023

SOCIAL HISTORY: Works on campus at the Wellness Center. denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
mammo- 2 years ago- reportedly normal (2022- normal)
Colonoscopy- no; Cologuard 2021- normal

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

ASSESSMENT:

F41.1 - GENERALIZED ANXIETY DISORDER (PRIMARY)
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
R63.5 - ABNORMAL WEIGHT GAIN
D50.9 - IRON DEFICIENCY ANEMIA, UNSPECIFIED
Z13.1 - ENCOUNTER FOR SCREENING FOR DIABETES MELLITUS

PLAN:

Follow up with lab results. Continue paxil at 40mg daily and add wellbutrin. Follow up in 1 month or sooner if needed for recheck.

Wellbutrin XL 150 mg 24 hr tablet, extended release
Refills: 1 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Lindsey Barton, CRNP on 07/02/24 1:00 PM

L. Barton, DNP, CRNP