

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/13/24

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: follow up

HISTORY OF PRESENT ILLNESS: 49 year old female presents to clinic for anxiety follow up. She reports that the Wellbutrin XL 150 has had no improvement in how she feels or improving her anxiety or depression. Denies any side effects of the medication and denies SI/HI.

Of note, she also reports that her right knee has been bothering her since last Saturday. She has previously had an injured right ACL with surgical correction. This past Saturday she was running and heard her knee "pop" and she has had pain ever since. She reports when she heard the pop, her leg gave way a little bit, but no fall.

VITALS: BP: 132/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 98.2; **Resp:** 16; **Ht:** 65 in.; **Wt:** 204 lbs.;
BMI: 33.94; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)
paroxetine 40 mg tablet (1 TABLET PO DAILY)
rosuvastatin 40 mg tablet (1 TABLET PO QHS)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies; IDA. Thrombocytopenia (Has been evaluated by Montgomery Cancer Center in 2021).

PAST SURGICAL HISTORY: Hysterectomy August 2023, Right ACL repair

SOCIAL HISTORY: Works on campus at the Wellness Center. denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
mammo- 2 years ago- reportedly normal (2022- normal)
Colonoscopy- no; Cologuard 2021- normal

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. She is able to

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ambulate and bear full weight on both legs. She has limited ROM with extension of right knee. No laxity. Negative Valgus/Varus. Negative A/P drawers.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M25.561 - PAIN IN RIGHT KNEE (PRIMARY)
F41.1 - GENERALIZED ANXIETY DISORDER
F32.A - Depression, unspecified

PLAN:

Increase wellbutrin to 300mg once daily. Continue paxil. Referral to EMIC for Right knee MRI w/o contrast.
Recommended knee sleeve or taping for extra support. No running until cleared. Follow up in 1 month for recheck.

Wellbutrin XL 300 mg 24 hr tablet, extended release

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (300 MG) BY ORAL ROUTE ONCE DAILY

Referral: EMIC, East Montgomery Imaging Center (Radiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 08/13/24 3:27 PM

L. Barton, DNP, CRNP