

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/20/22

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: anxiety follow up

HISTORY OF PRESENT ILLNESS: Mrs. Puryear is a 48 yo female here today for anxiety follow up. She is currently on paxil 40mg daily. She doesn't feel like it is working as well lately. She has increased stress and difficulty staying asleep. She feels like her mind races all the time. She is going to Clark Counseling in Prattville as well. Denies SI/HI.

She has a history of HLD and needs a refill of crestor.

VITALS: BP: 128/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 65; **Temp:** 97.36; **Resp:** 16; **Ht:** 65.5 in.; **Wt:** 181.6 lbs.; **BMI:** 29.75; **Pulse Oximetry:** 98%; **FDLMP:** 09/12/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Icar-C 100 mg-250 mg tablet (1 tablet PO daily)
ferrous sulfate 325 mg (65 mg iron) tablet (TAKE 1 TABLET (325 MG) BY ORAL ROUTE twice daily)
paroxetine 40 mg tablet (1 TABLET PO DAILY)
rosuvastatin 40 mg tablet (1 TABLET PO QHS)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies; IDA.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
mammo- 2 years ago- reportedly normal.
Colonoscopy- no

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/20/22

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 48 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

F41.1 - Generalized anxiety disorder (PRIMARY)

E78.5 - Hyperlipidemia, unspecified

PLAN:

We discussed the maximum dose of paxil is 50mg. I increased her dose to this. Add buspar as needed. Continue with counseling services. She is due for her yearly fasting labs. She will come one day in the next few days fasting. Follow up in 6 months or sooner if needed.

rosuvastatin 40 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: 1 TABLET PO QHS

paroxetine 40 mg tablet

Refills: 3 Qty: 90 TABLET(S)

Instructions: 1 TABLET PO DAILY

paroxetine 10 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY with the 40mg tablet.

buspirone 5 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE 2 TIMES PER DAY as needed for anxiety

Electronically signed by Lindsey Barton, CRNP on 09/22/22 8:50 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.