

Auburn Montgomery Student Health Services:

7461 East Dr
Montgomery AL, 361178092
(334) 244-3281

Date: 09/22/21

PATIENT:PURYEAR,JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 47 Years

Addendum Date: 11/18/2021 9:36:57 AM by Lindsey Barton

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: medication refill and yearly labs.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic for medication refill and yearly labs. Patient's old PCP is in Georgia and she is running out of her medications. Patient has move to this area within the last year and is needing to establish care.

VITALS: BP: 131/93 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 97.9; **Resp:** 16; **Ht:** 66 in.; **Wt:** 186.9 lbs.; **BMI:** 30.16; **Pulse Oximetry:** 99%; **FDLMP:** 09/03/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

paroxetine 40 mg tablet (1 tablet daily)
rosuvastatin 40 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
mammo- 2 years ago- reportedly normal.
Colonoscopy- no

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCOUNTER FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
Z12.11 - Encounter for screening for malignant neoplasm of colon
Z12.39 - Encounter for other screening for malignant neoplasm of breast
E78.5- Hyperlipidemia
D75.83- Thrombocytosis
F41.1- Generalized anxiety disorder

PLAN:

paroxetine 40 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO DAILY

rosuvastatin 40 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO QHS

Referral for cologuard and mammogram.

Follow up yearly or sooner pending lab results.

Electronically signed by Lindsey Barton, CRNP on 09/22/21 3:47 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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