

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/09/23

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 49 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Anxiety follow up

HISTORY OF PRESENT ILLNESS: Ms. Puryear is a 49 yo female here today for anxiety follow up. She is on paxil 40mg daily. She was last prescribed 50mg total as she was having increased anxiety. She states she went back down to the 40mg dose because she recently had a hysterectomy in August and after her hysterectomy she has felt back to normal. She was prescribed buspar as well, but states she never took it and doesn't feel like she needs it. Denies depression, SI/HI.

She has a history of HLD. She typically schedules her Healthy Tigers screening in Feb. of each year.

VITALS: BP: 134/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 100; **Temp:** 98.6; **Resp:** 16; **Ht:** 65 in.; **Wt:** 203.3 lbs.; **BMI:** 33.83; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Icar-C 100 mg-250 mg tablet (1 tablet PO daily)
paroxetine 40 mg tablet (1 TABLET PO DAILY)
rosuvastatin 40 mg tablet (1 TABLET PO QHS)

PAST MEDICAL HISTORY: anxiety, high cholesterol, seasonal allergies; IDA. Thrombocytopenia (Has been evaluated by Montgomery Cancer Center in 2021).

PAST SURGICAL HISTORY: Hysterectomy August 2023

SOCIAL HISTORY: Works on campus at the Wellness Center. denies tobacco and illicit drug use, occasional alcohol use.

FAMILY HISTORY: DM- father, high cholesterol- father, thyroid problems- sister, lung cancer- grandparent.

HEALTH MX HISTORY:

Pap smear- 2020 reportedly normal
mammo- 2 years ago- reportedly normal (2022- normal)
Colonoscopy- no; Cologuard 2021- normal

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/09/23

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 49 Years

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Influenza virus vaccine (1 unit(s)): Immunizations
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Immunization Injection Administration (1 unit(s)): Injection
Immunization Injection Administration (1 unit(s)): Injection

RESULTS:

Influenza virus vaccine:
Site Given: Left Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

F41.1 - Generalized anxiety disorder (PRIMARY)
Z23 - ENCOUNTER FOR IMMUNIZATION
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
Z12.31 - ENCNTN SCREEN MAMMOGRAM FOR MALIG NEOP OF BREAST

PLAN:

Follow up yearly or sooner if needed.

paroxetine 40 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO DAILY

rosuvastatin 40 mg tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO QHS

Referral: Health Center, Baptist Breast (Radiology)
No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 11/13/23 1:49 PM

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/09/23

PATIENT: PURYEAR, JENNIFER **DOB:** 09/13/1974 **Gender:** FEMALE **MRN:** 27 **AGE:** 49 Years

A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".