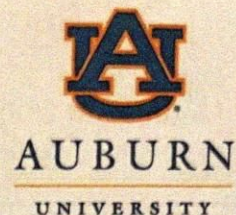
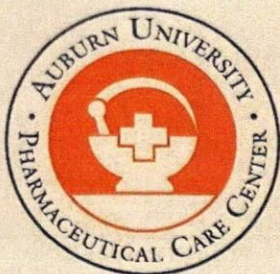


From: Jennifer Puryear jpuryear@aum.edu
Subject: Healthy Tigers 2024
Date: July 2, 2024 at 10:02 AM
To: Lindsey Barton lbarton4@aum.edu

JP



Patient Name & DOB:

Jennifer

Results:

Blood Pressure 124/94

Normal Value: <120/80

Patients with hypertension: <140/90

Healthy Tigers alarm value: $\geq 160/100$

Cholesterol

Cholestech LDX v3.42
21 Feb 2024 3:14 P.M.
SAMPLE=Whole B.

Name/ID

TC=223	mg/dL
HDL=23	mg/dL
non-HDL=200	mg/dL
TC/HDL=9.8	
GLU=94	mg/dL

Total Cholesterol: <200
Healthy Tigers alarm value: >250

HDL:

Men: >40 (optimal >60)

Women: >50 (optimal >60)

Non-HDL goal:

<190 <160 <130

TC/HDL: <4.0

Glucose:

Fasting: <100

Non-fasting: <200

Healthy Tigers alarm value: >200

Body Composition

Weight	29.8
BMI	33.6
Body Fat %	40.8
Muscle Mass	113.4
Physique Rating	3
Bone Mass	6.0
Visceral Fat	10.0
BMR	1650
Metabolic Age	69
Body Water %	42.0

BMI: 18 - 25

Overweight: 25 - 30

Obese: >30