

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/10/17

PATIENT: NOBLE, POLLY **DOB:** 02/22/1982 **Gender:** FEMALE **MRN:** 291 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: COugh

Symptoms: Has had a lingering cough for several days but woke up this AM with stomach pain and nausea. Had a cold and is still congested. Has had diarrhea at least 6 times this morning. No known fever.

Duration: About a week with the cold. Sunday night realized she wasn't better.

ModFact: OTC cold medicines

VITALS: BP: 106/66 **Pulse:** 95; **Temp:** 98.7; **FDLMP:** 09/10/17

ALLERGIES: No Known Drug Allergies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Nausea,

ENMT: Patient is positive for: cough, congestion,

GASTROINTESTINAL: Patient is positive for: abdominal pain, diarrhea,

MUSCULOSKELETAL:

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, appears unwell, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender; slight congestion

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, Tender in RLQ on palpation; questionable rebound rigidity/guarding; bowel sounds symmetric x4.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, Erythematous based dry, scaly patch noted on left pinna. No vesicles or pustules noted

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; appears unwell. Became nausea and pale. Will refer to ER for continued

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evaluation. R/O appendicitis.

ASSESSMENT:

R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED (PRIMARY)

R10.31 - RIGHT LOWER QUADRANT PAIN

L21.9 - Seborrheic dermatitis, unspecified

PLAN:

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 15 GRAM(S)

Instructions: APPLY BID TO AFFECTED AREA.

Refer to ER for continued evaluation.

Electronically signed by Carol Stewart, NP on 10/10/17 3:37 PM