

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/17/21

PATIENT: COX, KELLY **DOB:** 01/16/1987 **Gender:** FEMALE **MRN:** 300 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: (L) ear "whooshing and ringing"

HISTORY OF PRESENT ILLNESS: Started this morning. Took otc zyrtec and flonase with minimal relief. Denies sinus drainage, congestion, fever, cough, earache, headache, dizziness, or hearing loss. Came in for ear irrigation thinking it could be due to wax build up.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE once daily)

Imitrex 100 mg tablet

Norvasc 10 mg tablet

Tegretol XR 400 mg tablet,extended release

Wellbutrin XL 300 mg 24 hr tablet, extended release

Xanax 1 mg tablet

amitriptyline 150 mg tablet (100mg)

buspirone 30 mg tablet

tetracycline 250 mg capsule

PAST MEDICAL HISTORY: GAD; depression; chronic migraines (Dr. Hamp Greene) gets botox injections every 3 months.

FAMILY HISTORY:

Mother: 71 HTN, arthritis

Father: 69 HTN, arthritis

Older brother: age 43 no known health problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 1 milligram(s)
Administered By: Havard, Jyssica - MA

Depo-Medrol 40mg/ml:
Site Given: Left Gluteus Maximus
Dosage Given: 40 milligram(s)
Administered By: Havard, Jyssica - MA

ASSESSMENT:

H93.12 - TINNITUS, LEFT EAR (PRIMARY)

PLAN:

Continue zyrtec and flonase. Given steroid shot in office. Follow up if no improvement or worsening symptoms. She verbalized understanding. No irrigation of ears needed today.

Electronically signed by Lindsey Barton, CRNP on 05/17/21 4:39 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.