

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/22/18

PATIENT: COX, KELLY **DOB:** 01/16/1987 **Gender:** FEMALE **MRN:** 300 **AGE:** 31 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Bug bite

Symptoms: Started 2 nights ago, was bitten by something on her (L) arm near the elbow. has tried OTC Benadryl and topical steroid cream for the itching and it has not subsided.

Location: (L) arm near elbow and one bite on (L) shoulder.

Severity: Severe itching.

ModFact: Has tried OTV antihistamines

VITALS: BP: 134/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 100; **Ht:** 67.5 in.; **Wt:** 201.6 lbs.; **BMI:** 31.1; **FDLMP:** 06/11/18

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Imitrex 100 mg tablet

Norvasc 10 mg tablet

Tegretol XR 400 mg tablet, extended release

Wellbutrin XL 300 mg 24 hr tablet, extended release

Xanax 1 mg tablet

amitriptyline 150 mg tablet

buspirone 30 mg tablet

tetracycline 250 mg capsule

PAST MEDICAL HISTORY: Seizures, Migraines, Major Depressive Disorder, Generalized Anxiety

PAST SURGICAL HISTORY: Atrial Septal Defect surgery/repair at age 13

SOCIAL HISTORY: Consumes alcohol. Frequency: on special occasions. Denies smoking. Denies recreational drug usage

SAFETY: Wears seatbelt, Denies texting and driving

FAMILY HISTORY: Maternal Grandfather (60) deceased. History of Heart Disease

Maternal Grandmother (82) deceased. History of Stroke, Shingles

Paternal Grandfather (94) deceased. Unknown health history

Paternal Grandmother (80s) deceased. History of Kidney disease, Diabetes Type 2

Mother (71). History of HTN, Arthritis, Hip and Knee replacement

Father (69) History of HTN, ETOH (recovered), Chronic pain

Brother (43). No significant medical history

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

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CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

GENITOURINARY: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

SKIN: Pruritic, non-painful lesion near left elbow

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

BREAST: All negative for discharge or mass. Patient verbalizes that she understand and knows how to perform self breast exams, and she does so monthly.

PSYCHIATRIC: Patient states that she is "feeling good" today.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur HRRR

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

DERMATOLOGIC: Temperature: warm, dry. No jaundice. No cyanosis. No signs of infection. Erythematous lesion approximating 4-5mm noted on medial aspect of left arm slightly superior to elbow, slightly warm to touch and slightly elevated. No other vesicles, lesions, or pustules noted.

ASSESSMENT:

W57.XXXA - BIT/STUNG BY NVENOM INSECT&OTH NVENOM ARTHPD INI (PRIMARY)

PLAN:

Advised patient to return to clinic if symptoms do not improve or worsen by Monday.
May continue taking OTC Benadryl or use another OTC antihistamine if desired.

PLAN:

triamcinolone acetonide 0.1 % topical cream
Refills: 0 Qty: 15 GRAM(S)
Instructions: APPLY BID TO AFFECTED AREA.

Electronically signed by Carol Stewart, NP on 06/22/18 3:41 PM

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