

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/13/20

PATIENT: COX, KELLY **DOB:** 01/16/1987 **Gender:** FEMALE **MRN:** 300 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Allergy symptoms

Symptoms: Started last week with itchy eyes. Clear, runny nose/congestion and Post-nasal drip and a sore throat today. No fever. Minimal cough but itchy throat. Denies shortness of breath or loss of taste or smell. No exposure to COVID that she is aware of. Has been taking OTC claritin D with minimal relief. Would like COVID testing.

VITALS: BP: 133/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 113; **Temp:** 98.2; **Resp:** 16; **Ht:** 67.5 in.; **Wt:** 208.1 lbs.; **BMI:** 32.11; **Pulse Oximetry:** 100%; **FDLMP:** 07/01/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Imitrex 100 mg tablet
Norvasc 10 mg tablet
Tegretol XR 400 mg tablet, extended release
Wellbutrin XL 300 mg 24 hr tablet, extended release
Xanax 1 mg tablet
amitriptyline 150 mg tablet (100mg)
buspirone 30 mg tablet
tetracycline 250 mg capsule

PAST MEDICAL HISTORY: GAD; depression; chronic migraines (Dr. Hamp Greene) gets botox injections every 3 months.

FAMILY HISTORY:

Mother: 71 HTN, arthritis
Father: 69 HTN, arthritis
Older brother: age 43 no known health problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

SARS-CoV-2 RNA (COVID-19), Qualitative NAAT (QUEST) (1 unit(s)): Quest Diagnostics
Decadron 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J30.2 - OTHER SEASONAL ALLERGIC RHINITIS

PLAN:

Self-quarantine until COVID results return.
Continue Claritin- D otc as needed.

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension
Refills: 1 Qty: 1 BOTTLE(S)
Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE

Electronically signed by Lindsey Barton, CRNP on 07/13/20 2:40 PM



J. Barton, CRNP