

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 10/19/17

PATIENT: COX, KELLY **DOB:** 01/01/1987 **Gender:** **MRN:** 300 **AGE:** 30 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sore throat.

Symptoms: Sore shoulders and neck. Sore throat. Had a migraine last week. Has been exposed to strep recently. Drainage.

Location: Neck and shoulders.

Duration: Since Friday.

ModFact: Thought soreness was r/t migraine she had, then began experiencing sore throat.

VITALS: BP: 136/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 102; **Temp:** 98.2; **FDLMP:** 10/03/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Imitrex 100 mg tablet

Norvasc 10 mg tablet

Tegretol XR 400 mg tablet, extended release

Wellbutrin XL 300 mg 24 hr tablet, extended release

Xanax 1 mg tablet

amitriptyline 150 mg tablet

buspirone 30 mg tablet

tetracycline 250 mg capsule

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever

ENMT: Patient is positive for: congestion, sore throat

NEUROLOGIC: Patient is positive for: Headache. Reports hx of migraines. Taking Amitriptyline and Norvasc. Sees Dr. Hamp Greene for management.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: mildly erythematous

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR, no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

LYMPHATIC: bilateral anterior cervical lymphadenopathy

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PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Increase fluids orally.

May use Ibuprofen or Tylenol for pain or fever if needed.

May use throat lozenges and/or lukewarm fluids to ease throat pain.

RTC or report worsening symptoms.

Electronically signed by Carol Stewart, NP on 10/19/17 3:35 PM