

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/15/24

PATIENT: WILLIAMS, FRANK **DOB:** 08/15/1956 **Gender:** MALE **MRN:** 320 **AGE:** 67 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion, cough, and sore throat

Symptoms: nasal congestion, clear sinus drainage, cough, lower than normal energy levels, and sinus pressure for over 1 week. Patient does report he had sore throat for about 2 days a week ago but reports he no longer has sore throat.

VITALS: BP: 127/84 **Pulse:** 82; **Temp:** 97.9; **Resp:** 16; **Wt:** 195.1 lbs.; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cialis 5 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: seasonal allergies, hearing loss, sinus infections.

PAST SURGICAL HISTORY: back surgery, hernia surgery, sinus surgery

SOCIAL HISTORY: The photographer on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- breast cancer, heart disease; Father- colon cancer, heart disease

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

R05.9 - Cough, unspecified

PLAN:

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Will treat for allergic rhinitis. Recommended otc flonase in addition to the prescriptions below. If no improvement, then notify office. Follow up as needed.

Singulair 10 mg tablet

Refills: 0 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING for allergy symptoms

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 05/15/24 3:27 PM

L Barton, CRNP