

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/17/26

PATIENT: EASTERWOOD, DORA **DOB:** 08/11/1977 **Gender:** FEMALE **MRN:** 3254 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: headache, nausea

HISTORY OF PRESENT ILLNESS: 48 YO F c/o headache, nausea and mild nasal congestion beginning on sunday and becoming worse. Pt states daughter recently had flu. Pt denies fever, chills, body aches , cough or sore throat.

VITALS: BP: 117/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 98.3; **Resp:** 16; **Ht:** 65 in.; **Wt:** 161 lbs.;
BMI: 26.79; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg chewable tablet
levothyroxine 100 mcg tablet (Once daily on empty stomach)
olmesartan 20 mg tablet (once daily)
rosuvastatin 20 mg tablet (once daily at bedtime)

PAST MEDICAL HISTORY: Hypothyroid, HTN, HLD, iron def.

PAST SURGICAL HISTORY: partial hysterectomy, carpal tunnel, right arm nerve damage repair

SOCIAL HISTORY: occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R51.9 - HEADACHE, UNSPECIFIED (PRIMARY)
R11.0 - NAUSEA

PLAN:

ondansetron 4 mg disintegrating tablet
Refills: 1 Qty: 30 TABLET(S)

Instructions: PLACE 2 TABLETS (8 MG) ON TOP OF THE TONGUE WHERE THEY WILL DISSOLVE, THEN SWALLOW BY TRANSLINGUAL ROUTE 2 TIMES PER DAY AS NEEDED for NAUSEA

Pt advised will treat symptomatically, concern for early false negative flu, pt advised can RTC for nurse visit to have repeat flu swab tomorrow if feeling worse. Otherwise take nausea meds as directed, hydrate well, alternate tylenol and ibuprofen for headache.

Electronically signed by Breena Till, CRNP on 02/17/26 8:49 AM

