

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/15/25

PATIENT: EASTERWOOD, DORA **DOB:** 08/11/1977 **Gender:** FEMALE **MRN:** 3254 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: HA

Symptoms: nasal congestion, maxillary fullness, ear and head pressure, productive cough, clear nasal drainage

Location: head

Quality: ache and pressure and fullness

Duration: since Sunday

Context: has hx of seasonal allergies, works in landscaping

VITALS: BP: 132/84 **Pulse:** 68; **Temp:** 98.5; **Resp:** 16; **Ht:** 64 in.; **Wt:** 194.6 lbs.; **BMI:** 33.4; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg chewable tablet

levothyroxine 75 mcg tablet (unaware of dose)

PAST MEDICAL HISTORY: Hypothyroid, HTN, HLD, iron def.

PAST SURGICAL HISTORY: partial hysterectomy, carpal tunnel, right arm nerve damage repair

SOCIAL HISTORY: occasional ETOH use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; +maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Methylprednisolone Acetate (1 unit(s)): Injection (DELETED)

RESULTS:

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Fain, Maranda - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Fain, Maranda - CRNP

ASSESSMENT:

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED (PRIMARY)
J30.1 - ALLERGIC RHINITIS DUE TO POLLEN
R51.9 - HEADACHE, UNSPECIFIED
R09.81 - NASAL CONGESTION
R05.9 - COUGH, UNSPECIFIED

PLAN:

Continue OTC Claritin, start Flonase. Call if drainage becomes yellow or green or wheezing develops, clear lungs on exam. No recent fever.

Electronically signed by Maranda Fain, CRNP on 05/15/25 9:01 AM