

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/08/22

PATIENT: RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right arm insect bite.

HISTORY OF PRESENT ILLNESS: x 2 bites on Monday. One of them is starting to have swelling and redness to the site so she was concerned. She has been putting a steroid cream on it that she got from here 3 years ago. She states she gets this way everytime she is bitten by an insect. Denies fever.

VITALS: BP: 136/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.8; **Resp:** 16; **Ht:** 66 in.; **Wt:** 135 lbs.;
BMI: 21.78; **Pulse Oximetry:** 99%; **FDLMP:** 03/23/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Prilosec OTC 20 mg tablet, delayed release (Take 1 po 30 prior to a meal qd)
Prozac 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)
cholecalciferol (vitamin D3) 1,250 mcg (50,000 unit) capsule (1 capsule by mouth weekly x 4 weeks)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN
INCREASE TO 2 CAPSULES (40 MG) DAIL)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 60 mg tablet (TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
triamcinolone acetonide 0.1 % topical cream (APPLY BID TO AFFECTED AREA.)

PAST MEDICAL HISTORY: GAD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ bilateral radial pulses.

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INTEGUMENTARY: Warm, dry, intact. 1 small, crater looking lesion to right upper arm just above elbow with surrounding erythema and warmth. 1 smaller crater type lesion to right upper forearm without surrounding erythema or warmth.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L03.113 - Cellulitis of right upper limb (PRIMARY)

PLAN:

cephalexin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY PO BID x 10 days

mupirocin 2 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY

ER precautions for worsening symptoms over weekend for cellulitis. Follow up as needed or if no improvement.

Electronically signed by Lindsey Barton, CRNP on 04/08/22 4:26 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.