

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 05/30/18

**PATIENT:** RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 28 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** In for re-check. Has been on the prozac for two weeks and tolerating well. Has noticed increased episodes of anxiety since weaning off Celexa.

**VITALS:** BP: 106/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 73; **Ht:** 65.5 in.; **Wt:** 125.4 lbs.; **BMI:** 20.55; **FDLMP:** 04/20/18

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)  
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)  
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)  
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart  
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)  
cholecalciferol (vitamin D3) 50,000 unit capsule (1 capsule by mouth weekly x 4 weeks)  
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN  
INCREASE TO 2 CAPSULES (40 MG) DAIL)  
prednisone 5 mg tablet (DISP 12 DAYS. TAKE AS DIRECTED ON PACKAGE)  
triamcinolone acetonide 0.1 % topical cream (APPLY BID TO AFFECTED AREA.)

**PAST MEDICAL HISTORY:** Optic Neuritis (2009), severe anxiety--first onset at approximately age twelve. Had eating disorder in high school/college with weight loss to 83 lbs. migraines. Raynaud's syndrome

**PAST SURGICAL HISTORY:** Shoulder surgery (2009) for rotator cuff tear. Wisdom teeth extraction

**SOCIAL HISTORY:** Does not use tobacco; Consumes alcohol. Frequency:rarely Has Not been exposed to someone with TB. Has Not had excessive exposure to the sun. Exercises regularly; Single; Does wear a seat belt;

**FAMILY HISTORY:**

Sister: age 31 OCD, Depression, IBS, migraines,  
Mother: CREST syndrome, ? eating disorder during college, migraines  
Father: HTN, anxiety OCD  
Maternal Grandmother: Died of breast Ca 1995 at age 62,  
Maternal Grandfather: age 94 and living. Colon cancer, DMII, pacemaker  
Paternal Grandmother: 84 and living. panic attacks and depression, HTN, TIA's,  
Paternal Grandfather: Died age 73 complications of surgery, CHF, stroke, HTN, DMII

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 05/30/18

**PATIENT:** RUSSELL, ANGELA    **DOB:** 07/13/1989    **Gender:** FEMALE    **MRN:** 326    **AGE:** 28 Years

**MUSCULOSKELETAL:** All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

**NEUROLOGIC:** All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

**PSYCHIATRIC:** Has had increased frequency and severity of anxiety since weaning off of Celexa. Beginning to notice improvement since taking Prozac.

**PHYSICAL EXAMINATION:**

**GENERAL:** Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

**CARDIOVASCULAR:** HRRR;

**RESPIRATORY:** Lungs CTA; No rhonchi wheeze or rales;

**NEUROLOGIC:** DTR`s and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

**PSYCHIATRIC:** Alert and oriented x3; Mood and affect appropriate.

**ASSESSMENT:**

F41.9 - Anxiety disorder, unspecified (PRIMARY) severe

**PLAN:**

Will continue Prozac and re-check in 2 weeks and prn

Electronically signed by Carol Stewart, NP on 05/30/18 2:05 PM