

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 06/21/18

**PATIENT:** RUSSELL, ANGELA    **DOB:** 07/13/1989    **Gender:** FEMALE    **MRN:** 326    **AGE:** 28 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Here for evaluation with CRNP.

**VITALS:** BP: 112/72    **Site:** LEFT ARM    **Position:** SITTING    **Pulse:** 70;    **Wt:** 123.7 lbs.;    **FDLMP:** 06/12/18

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)  
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)  
Prozac 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)  
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)  
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart  
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)  
cholecalciferol (vitamin D3) 50,000 unit capsule (1 capsule by mouth weekly x 4 weeks)  
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN  
INCREASE TO 2 CAPSULES (40 MG) DAIL)  
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)  
prednisone 5 mg tablet (DISP 12 DAYS. TAKE AS DIRECTED ON PACKAGE)  
triamcinolone acetonide 0.1 % topical cream (APPLY BID TO AFFECTED AREA.)

**PAST MEDICAL HISTORY:** Optic Neuritis (2009), severe anxiety--first onset at approximately age twelve. Had eating disorder in high school/college with weight loss to 83 lbs. migraines. Raynaud's syndrome

**PAST SURGICAL HISTORY:** Shoulder surgery (2009) for rotator cuff tear. Wisdom teeth extraction

**SOCIAL HISTORY:** Does not use tobacco; Consumes alcohol. Frequency:rarely Has Not been exposed to someone with TB. Has Not had excessive exposure to the sun. Exercises regularly; Single; Does wear a seat belt;

**FAMILY HISTORY:**

Sister: age 31 OCD, Depression, IBS, migraines,  
Mother: CREST syndrome, ? eating disorder during college, migraines  
Father: HTN, anxiety OCD  
Maternal Grandmother: Died of breast Ca 1995 at age 62,  
Maternal Grandfather: age 94 and living. Colon cancer, DMII, pacemaker  
Paternal Grandmother: 84 and living. panic attacks and depression, HTN, TIA's,  
Paternal Grandfather: Died age 73 complications of surgery, CHF, stroke, HTN, DMII

**PHYSICAL EXAMINATION:**

**GENERAL:** Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

**HEENT:** EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

**EARS:** Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

**THROAT:** Throat is clear, no tonsillar hypertrophy, and no exudates.

**NECK:** Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

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**ASSESSMENT:**

F41.9 - Anxiety disorder, unspecified (PRIMARY)

F33.9 - Major depressive disorder, recurrent, unspecified

**PLAN:**

fluoxetine 60 mg tablet

Refills: 1 Qty: 30 CAPSULE(S)

Instructions: TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING

RTC in 2 weeks.

Electronically signed by Carol Stewart, NP on 07/10/18 3:21 PM