

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/16/18

PATIENT: RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: In for re-check. Was seen at River Region Psychiatry 2 weeks ago for initial intake and assessment by Jill Zimmerman, NP. States she was continued on current dose of Celexa, and given Straterra. States she took the Straterra for 1 week but stopped due to unrelenting N/V. Also asked for referral to Auburns Autism Clinic for an evaluation. She stated the NP did not see it was necessary given the assessment done at UA phychiatry clinic. Also began seeing a psychologist at River Region as well. Has only had one visit. Will be seen q 2 weeks.

VITALS: BP: 127/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Ht:** 65.5 in.; **Wt:** 123.4 lbs.; **BMI:** 20.22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Prozac 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)
cholecalciferol (vitamin D3) 50,000 unit capsule (1 capsule by mouth weekly x 4 weeks)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN INCREASE TO 2 CAPSULES (40 MG) DAIL)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 60 mg tablet (TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
prednisone 5 mg tablet (DISP 12 DAYS. TAKE AS DIRECTED ON PACKAGE)
triamcinolone acetonide 0.1 % topical cream (APPLY BID TO AFFECTED AREA.)

PAST MEDICAL HISTORY: Optic Neuritis (2009), severe anxiety--first onset at approximately age twelve. Had eating disorder in high school/college with weight loss to 83 lbs. migraines. Raynaud's syndrome

PAST SURGICAL HISTORY: Shoulder surgery (2009) for rotator cuff tear. Wisdom teeth extraction

SOCIAL HISTORY: Does not use tobacco; Consumes alcohol. Frequency:rarely Has Not been exposed to someone with TB. Has Not had excessive exposure to the sun. Exercises regularly; Single; Does wear a seat belt;

FAMILY HISTORY:

Sister: age 31 OCD, Depression, IBS, migraines,
Mother: CREST syndrome, ? eating disorder during college, migraines
Father: HTN, anxiety OCD
Maternal Grandmother: Died of breast Ca 1995 at age 62,
Maternal Grandfather: age 94 and living. Colon cancer, DMII, pacemaker
Paternal Grandmother: 84 and living. panic attacks and depression, HTN, TIA's,
Paternal Grandfather: Died age 73 complications of surgery, CHF, stroke, HTN, DMII

REVIEW OF SYSTEMS:

ASSESSMENT:

F41.9 - Anxiety disorder, unspecified (PRIMARY)

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PLAN:

Continue follow-up appointments at River Region.

Discuss referral to the Autism Clinic with NP agin.

Continue to see the counselor q 2 weeks as scheduled.

RTC prn.

Electronically signed by Carol Stewart, NP on 08/16/18 3:39 PM