

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/24/23

PATIENT: RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers

HISTORY OF PRESENT ILLNESS: Ms. Russell present to the clinic for healthy tiger screening. She reports healthy eating habits and exercises 6 times a week. She has not had a period since mid July.

Of note: Patient briefly stated she has had diarrhea x 16 days after recent travel to Lebanon. She was seen at AFC and was prescribed Levofloxacin, but she has not started this medication. She reports improvement in her diarrhea and is staying hydrated with water and electrolytes. She was encouraged to make a same day appt with us to be seen.

VITALS: BP: 115/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 98.2; **Resp:** 16; **Ht:** 66.5 in.; **Wt:** 127 lbs.;
BMI: 20.19; **Pulse Oximetry:** 98%; **FDLMP:** 07/12/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Prilosec OTC 20 mg tablet, delayed release (Take 1 po 30 prior to a meal qd)
Prozac 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)
cholecalciferol (vitamin D3) 1,250 mcg (50,000 unit) capsule (1 capsule by mouth weekly x 4 weeks)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN
INCREASE TO 2 CAPSULES (40 MG) DAIL)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 60 mg tablet (TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

PAST MEDICAL HISTORY: GAD

PAST SURGICAL HISTORY: Left shoulder

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No

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anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott Cholestech LDX (1 unit(s)): In-House Lab

RESULTS:

Abbott Cholestech LDX:

TC: 140 ()

HDL: 36 ()

TRG: 123 ()

LDL: 79 ()

TC/HDL:3.9 ()

Comments: Glucose 97

ASSESSMENT:

Z00.00 - ENCNT R FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

Electronically signed by Robin Blackwell, CRNP on 08/24/23 2:02 PM

Robin Blackwell CNP