

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/29/17

PATIENT: RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Here for follow up on fatigue with CRNP. Vit D level is at 30 according to lab. Went to see eye doctor and he thinks problem with eye is neurological and if it happens again she is to follow up with a neurologist. Context: Patient has history of optic neuritis of right eye. Happening on and off x 9 years. Was suppose to see a neurologist but has not f/u yet.

VITALS: BP: 109/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Head Circumference:** 0 cm.; **Pulse Oximetry:** 2%

ALLERGIES: No Known Drug Allergies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)

E55.9 - VITAMIN D DEFICIENCY, UNSPECIFIED

Z86.69 - PERSONAL HISTORY OF DIS OF NERVOUS SYS&SENSE ORG

PLAN:

cholecalciferol (vitamin D3) 50,000 unit capsule

Refills: 0 Qty: 4 CAPSULE(S)

Instructions: 1 capsule by mouth weekly x 4 weeks

After Vitamin D x 4 weeks, start Vitamin D3 2000-5000 units daily.

F/U with neurologist. Report directly to ED for any other episodes of vision loss.

RTC 4 weeks.

Electronically signed by Melodye Harvey, CRNP on 11/29/17 11:40 AM

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