

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/10/19

PATIENT: RUSSELL, ANGELA **DOB:** 07/13/1989 **Gender:** FEMALE **MRN:** 326 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Here for follow-up with CRNP.

Other: Having difficulty reaching Dr. Ram and feels as if his office manager is sending her falsified bills. Requesting advice and possible referral to a different psychiatrist.

VITALS: BP: 136/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 97

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Celexa 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY Continue to wean as directed)
Celexa 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)
Prilosec OTC 20 mg tablet, delayed release (Take 1 po 30 prior to a meal qd)
Prozac 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Wellbutrin XL 150 mg 24 hr tablet, extended release (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE DAILY)
Xanax 1 mg tablet (TAKE 1/2 (0.5mg) or 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY Called into Walmart
Chantilly P.O. Dr. Pamela Tuck at 12:10 PM)
cholecalciferol (vitamin D3) 50,000 unit capsule (1 capsule by mouth weekly x 4 weeks)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY FOR 2 WEEKS THEN INCREASE TO 2 CAPSULES (40 MG) DAIL)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 60 mg tablet (TAKE 1 TABLET (60 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
prednisone 5 mg tablet (DISP 12 DAYS. TAKE AS DIRECTED ON PACKAGE)
triamcinolone acetonide 0.1 % topical cream (APPLY BID TO AFFECTED AREA.)

PAST MEDICAL HISTORY: Optic Neuritis (2009), severe anxiety--first onset at approximately age twelve. Had eating disorder in high school/college with weight loss to 83 lbs. migraines. Raynaud's syndrome

PAST SURGICAL HISTORY: Shoulder surgery (2009) for rotator cuff tear. Wisdom teeth extraction

SOCIAL HISTORY: Does not use tobacco; Consumes alcohol. Frequency: rarely Has Not been exposed to someone with TB. Has Not had excessive exposure to the sun. Exercises regularly; Single; Does wear a seat belt;

FAMILY HISTORY:

Sister: age 31 OCD, Depression, IBS, migraines,
Mother: CREST syndrome, ? eating disorder during college, migraines
Father: HTN, anxiety OCD
Maternal Grandmother: Died of breast Ca 1995 at age 62,
Maternal Grandfather: age 94 and living. Colon cancer, DMII, pacemaker
Paternal Grandmother: 84 and living. panic attacks and depression, HTN, TIA's,
Paternal Grandfather: Died age 73 complications of surgery, CHF, stroke, HTN, DMII

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

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RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

PSYCHOLOGICAL: Has been very stressed at work and desires to be seen by DR. Ram for evaluation. Feels she is having difficulty getting in to see him.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

F33.40 - MAJOR DEPRESSV DISORDER RECUR IN REMISSION UNSP (PRIMARY)

F41.9 - ANXIETY DISORDER, UNSPECIFIED

PLAN:

Refer back to Dr. Ram's office for continued f/u.

Electronically signed by Carol Stewart, NP on 12/11/19 8:56 AM