

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/01/17

PATIENT: FOSHEE, ANA **DOB:** 02/11/1969 **Gender:** FEMALE **MRN:** 339 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Pain in (R) chest area

Symptoms: Woke up with sharp pain in (R) side of chest with inspiration. Has been coughing. Has history of asthma. Was a dull ache yesterday. Pain is worse with cough. Feels like she is wheezing more so than usual. No congestion or nasal drainage. Denies fever.

Location: (R) side of chest.

Quality: Severe

Severity: 7-8

Duration: Since yesterday

ModFact: Took some Aleve for pain.

VITALS: BP: 142/99 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 98.8; **Ht:** 66.1 in.; **Wt:** 179.2 lbs.; **BMI:** 28.83

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Singulair 10 mg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever,

ENMT: Patient is positive for: cough, Patient denies: runny nose, congestion,

RESPIRATORY: Patient is positive for: Cough, SOB, Wheeze,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD

HEENT: EOMI, PERRL, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs mild wheezes and diminished breath sounds on right posterior bases, chest wall tenderness noted anterior right chest. Patient reports breathing better post treatment.

NEUROLOGIC: No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

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ASSESSMENT:

J45.901 - UNSPECIFIED ASTHMA WITH (ACUTE) EXACERBATION (PRIMARY)

PLAN:

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: Take package by mouth as directed

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET ON DAYS 2-5

Increase fluids orally.

Albuterol treatment x 1 now.

Chest X ray--Will notify patient of abnormal results.

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization

Refills: 1 Qty: 1 BOX(S)

Instructions: INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE EVERY 4-6 HOURS AS NEEDED

RX for nebulizer provided to patient.

Advised patient to go home and rest.

RTC in 3 days--Recheck

Electronically signed by Melodye Harvey, CRNP on 12/01/17 10:54 AM