

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/04/17

PATIENT: FOSHEE, ANA **DOB:** 02/11/1969 **Gender:** FEMALE **MRN:** 339 **AGE:** 48 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: F/U for asthma exacerbation.

Symptoms: Patient reports that she is feeling better. Pain on right side is better but still present.

ModFact: Reports that she did not take her midday dose of oral steroid. Patient says that she did purchase a nebulizer but has not used it yet.

VITALS: BP: 141/90 **Site:** LEFT ARM **Position:** SITTING

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Medrol (Pak) 4 mg tablets in a dose pack (Take package by mouth as directed)

Singulair 10 mg tablet

Zithromax Z-Pak 250 mg tablet (TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET ON DAYS 2-5)

albuterol sulfate 2.5 mg/3 mL (0.083 %) solution for nebulization (INHALE 3 MILLILITERS (2.5 MG) BY NEBULIZATION ROUTE EVERY 4-6 HOURS AS NEEDED)

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; No acute distress noted

HEENT: Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NCL. External auditory canal clear, External ear exam reveals no abnormalities.

NOSE: Nose appears normal. Septum without deviation, no septal perforation, nasal mucosa moist and pink, sinus nontender. turbinates appear normal without exudate

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Expiratory wheezes on the right, clear on the left; Breath Sounds Symmetric; No intercostals retractions; No chest wall tenderness;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J45.901 - UNSPECIFIED ASTHMA WITH (ACUTE) EXACERBATION (PRIMARY)

PLAN:

Continue and finish antibiotics as prescribed.

Albuterol or ProAir inhaler every 4-6 hours prn.

Continue and finish oral steroids as prescribed.

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Reviewed CXR results with patient.

Advised patient to check BP at home over the next 3 days and bring readings to F/U appointment.

RTC 3 days Recheck Asthma

Electronically signed by Melodye Harvey, CRNP on 12/04/17 3:04 PM